

Sheetz Menu Nutrition PDF

Items, Prices & Calories | Source: sheetzmenuusa.com

Featured Coffeez

Item	Price	Calories
Cinnamon Roll Hot Latte	\$4.29	369
Sh'morez Hot Latte	\$4.29	173
Cinnamon Roll Iced Latte	\$4.19	275
Very Cherry White Chocolate Iced Mocha	\$4.59	186
Sh'morez Frozen Latte	\$4.69	271
Cinnamon Roll Frozen Latte	\$4.19	285

Hot Latte

Item	Price	Calories
Make Your Own Hot Latte	\$3.99	74
Cinnamon Roll	\$4.29	369
Sh'morez	\$4.29	173
Caramel Vanilla	\$4.29	110
Low Sugar Caramel Vanilla	\$4.29	4
Very Vanilla	\$4.29	226

Iced Latte

Item	Price	Calories
Make Your Own Iced Latte	\$3.99	111
Cinnamon Roll	\$4.19	275
Sh'morez	\$4.19	286
Cherry	\$4.19	87
Caramel Vanilla	\$4.29	164
Low Sugar Caramel Vanilla	\$4.29	74

Frozen Latte

Item	Price	Calories
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Make Your Own Frozen Latte	\$3.99	95
Cinnamon Roll	\$4.19	285
Sh'morez	\$4.69	271
Cherry	\$4.19	87
Reese's Caramel Cup	\$4.69	619
Caramel Vanilla	\$4.19	83
Low Sugar Caramel Vanilla	\$4.19	3

Hot Mocha

Item	Price	Calories
Make Your Own Hot Mocha	\$4.99	46

Iced Mocha

Item	Price	Calories
Make Your Own Iced Mocha	\$4.39	176
Black Raspberry White Chocolate	\$4.59	151
Caramel Smore	\$4.59	184
Very Cherry White Chocolate	\$4.59	186

Frozen Mocha

Item	Price	Calories
Make Your Own Frozen Mocha	\$4.79	95
Reese's Peanut Butter Cup	\$4.69	580
Caramel Brownie	\$4.69	815
Cookiez-n-Cream	\$4.69	447
Banana Dark Chocolate	\$4.79	171

Cold Brew

Item	Price	Calories
Make Your Own Cold Brew	\$3.99	402
Cinnamon Roll	\$3.79	122
Sh'morez	\$3.79	122

Cherry	\$3.79	101
Caramel Macchiato	\$3.79	97
Sugar Free Caramel Macchiato	\$3.79	17
Oatmeal Cookie	\$3.79	152
Sugar-Free Oatmeal Cookie	\$3.79	44

Take Home Coffee

Item	Price	Calories
Blueberry Sh'cone Fresh Ground 12oz	\$9.99	-
Blueberry Sh'cone 12 Single Serve Cups	\$9.99	-
Breakfast Light Roast 12 Single Serve Cups	\$9.99	-
100% Colombian Medium Roast 12 Cups	\$9.99	-
French Dark Roast 12 Single Serve Cups	\$9.99	-
Classic Medium Roast 12 Single Serve Cups	\$9.99	-

Snacks, Sweets & Fruit

Item	Price	Calories
My PB&J Sammich Bundle Combo	\$6.16	470
Paw Patrol Crunch Pak 3.9oz	\$3.99	-
Bluey Snackers Crunch Pak 4.25oz	\$4.59	-
Nesquik Chocolate Pint	\$2.69	250
Shweetz Mini Sh'prinkled Cookiez Cup	\$4.39	-
Shweetz Brownie Bites Cup 3.75oz	\$4.39	440
Shweetz Gourmet B-DAY Sh'prinklez Cookie	\$2.50	-
Shweetz Gourmet Chocolate Rainbow Crunch Cookie	\$2.50	-
Shweetz Gourmet Chocolate Chip Cookie	\$2.50	470
MTgo! Fresh Fruit Mix 5oz	\$4.59	70
MTgo! Seedless Grapes 5oz	\$4.59	100
MTgo! Sliced Strawberries 7oz	\$5.59	60

A dash (-) indicates no calorie count was available for that item. Prices and calorie figures are compiled from menu data provided and may vary by location. This document does not include official allergen information. Sheetz is a trademark of its respective owner; this reference is unofficial.